

Digital and psychological resilience support by peer problem solving and networking

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The roundtable is organized as a part of the project activities of the Erasmus+ cooperation partnership project ‘‘Enhancing digital and psychological resilience through peer networking in the online environment in times of crises’’, coordinated by the University of Kragujevac, with partners Kazimierz Wielki University, Bidgoszcz, Poland and the University of Foggia, Italy. The aim of the roundtable is to present two projects (DIGIPSYRES and PEERSolver) and their intersections. Project ‘‘The PEER model of collaborative problem solving: Developing young people’s capacities for constructive interaction and teamwork’’ is the national scientific research project of the Faculty of Philosophy, Department of the Psychology, the University of Belgrade, supported by The National Ministry of Education, Science and Technological Development of the Republic of Serbia. The main common focus of both projects is related to peer support, peer problem solving and networking in the context of supportive participation in the community, as well as enhancing the resilience of young people and their social activity. The goal of the DIGIPSYRES project is to develop a framework for enhancing digital and psychological resilience through peer networking in the online environment in times of crises, while the goal of the PEERSolver project is to develop a supportive network based on a theoretical model and practical experience of peers supporting. The role of peer collaboration is acknowledged by both researchers and everyday educational practice. While it is necessary to study peer collaboration, support and skills necessary for this, on the other hand, more intensive action of educational institutions in the development of peer collaboration is needed, both for active participation in solving problems in the social community, and for mutual support for strengthening mental

health and achieving resilience. For those reasons, a roundtable discussion is initiated with the aim to create new insights and perspectives.

Keywords: peer support; psychological resilience; digital resilience; peer problem solving, networking.